




March 2019 Menu

(Substitutions may be necessary without advanced notice.)

Mon	Tue	Wed	Thu	Fri
				1 Chili Hot Dog Roasted Potatoes Carrots Juice Hot Dog Bun Milk
4 Breaded Chicken Mashed Potatoes / Gravy Peas & Onions Bread Milk	5 Hearty Egg Scramble Potatoes Pears Biscuit Milk	6 Crunchy Tuna Noodle Casserole Green Beans Peach Crisp Bread / Milk	7 Ham & Swiss Sandwich 4-Bean Salad Fruit Hoagie Roll Milk Soup (congregate sites only)	8 Cheesy Cod Wild Rice Snap Peas Peaches Bread / Milk
11 Scalloped Potatoes with Ham Sunshine Carrots Peas & Onions Roll Milk	12 Salisbury Steak / Gravy Rice Beets Pineapple Roll Milk	13 Turkey / Gravy Cranberry Sauce Mashed Potatoes Green Beans Roll Milk	14 St. Patrick's Day Celebration!   Corned Beef & Cabbage Red Potatoes Glazed Carrots Green Jell-O & Pears Roll / Milk	15  New! Black Bean & Cheese Bake Corn Peaches Cottage Cheese Tortilla / Milk
18 Pork Roast / Gravy Scalloped Potatoes Country Trio Veggies Juice Roll / Milk	19 Cheese Burger Roasted Potatoes Cascade Blend Veggies Bun Milk	20 Orange Chicken Rice Peas & Carrots Pears Bread / Milk	21 Liver & Onions (congregate sites only) or Chicken Fried Steak Mashed Potatoes / Gravy Edamame Succotash Graham Crackers Bread / Milk	22 Breaded Fish / Tarter Sauce Rice Pilaf California Blend Veggies Apricots Breada / Milk
25 Chicken Cordon Blue Pasta Broccoli Spinach Salad Bread / Milk	26 Roast Beef & Cheddar Sandwich Cottage Cheese Pineapple Hoagie Roll / Milk Soup (congregate sites only)	27 Mac & Cheese & Ham Cauliflower Peaches Graham Crackers Bread / Milk	28 Meatloaf / Gravy Mashed Potatoes Glazed Carrots Roll Milk	29 Vegetable Spaghetti Corn Zucchini Fruit Cocktail French Bread / Milk